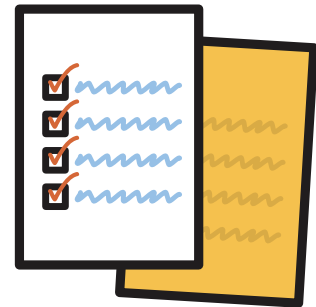# AFTER YOUR
COVID-19 TESTING

Ensure you are contactable by phone

Stay inside and self-isolate until your negative result comes back

Make sure your COVID-19 Readiness Family Plan and Home Visitor Register are filled out and up to date

What if I test positive to COVID-19?

Someone from the Public Health Unit will contact you within 24 hours. They might ask you:

- Are you vaccinated against COVID-19?
- Do you have any other medical problems (such as heart problems, diabetes, or need dialysis)?
- Where have you been in the last 14 days— shops, workplace, school?

- Who have you been in contact with over the last 14 days— family, friends, kids, visitors?
- What symptoms do you have—runny nose, fever, fatigue, cough, shortness of breath?
- Do you have a place to quarantine at home away from family and friends?

Your health care needs will be assessed and you will be connected to the right level of care and support. The people in your home may need to quarantine for longer. If someone else in your house tests positive further down the track, you all may need to stay in quarantine for more than 14 days. Think about access to food, hygiene products and finances— your COVID-19 Readiness Family Plan will help you organise everything.

In an emergency call 000

MAKE the CHOICE

Get vaccinated ● Be ready ● Stay safe

makethechoice.com.au